## What Does Jesus Ask of You.

## By Father John Catoir JVD-6/15//18

Jesus asks you to strive for holiness. Don't be anxious. Leave the past to His mercy, the future to His providence, and live in the present moment.

Jesus asks you to strive for holiness. Be Kind. A holy person avoids being unkind, unhelpful, unfriendly, unfeeling, unsympathetic and uncaring.

Jesus asks you to strive for holiness. Cheer up! In this world you will have many troubles, cheer up anyway. Ask the Lord to give you His strength and joy.

Jesus asks you to strive for holiness. Be on guard against false prophets. By their fruits you will know them. Choose wisely those whom you rely on and trust.

Jesus asks you to strive for holiness. Be willing to make sacrifices. A holy person is ready to give up personal preference to help another. Ask for God's help.

Jesus asks you to strive for holiness. Accept your imperfections of face and body. Attain real beauty by becoming a loving person. Don't spoil your beauty by self-loathing.

Jesus asks you to strive for holiness. Control your tongue. Angry words can hurt deeply. Better to say nothing than to inflict pain. Try to be more sensitive.

Jesus asks you to strive for holiness. Love one another. Be especially kind to family members and respect the elderly.

Jesus asks you to strive for holiness. Respect Mary, His mother. He said, "Behold your Mother to St, John from the cross. She is now our spiritual Mother with authority.

Jesus asks you to strive for holiness. He said, 'Learn of me for I am one who serves.' Serving others is a sign of holiness.

Jesus asks you to strive for holiness. Do not kill. Do not be among those who support the ruthless killing of innocent unborn infants. Be clean of heart.

Jesus asks you to strive for holiness. Curb your anger. Life will be less difficult if you pray with perseverance for the grace to remain calm.

Jesus asks you to strive for holiness. Be nice to your neighbors even if you don't agree with their politics. Holiness is agreeing to disagree.

Jesus asks you to strive for holiness. Be not unbelieving but believe. God really loves you. Don't give this truth lip service.

Jesus asks you to strive for holiness. Always believe in the forgiveness of sin, especially your own. Suffer the humiliation of going to confession from time to time.

Jesus asks you to strive for holiness. Love yourself. Temptations are not sins. You are not your thoughts. You are the observer of your thoughts. Reject the bad one, over and over.

Jesus asks you to strive for holiness. Love the divine nature of the Church. Pray for fallen priest and bishops. Even the fallen deserve your kind prayers.

Jesus asks you to strive for holiness. Pray for those who think that the only thing worth living for is their own pleasure and worldly success. Spiritual charity is a sure sign of holiness.

Jesus asks you to strive for holiness. Be courageous. Do not be a coward. Following your bliss can lead to the shirking of duty and responsibility.

Jesus asks you to strive for holiness. Do not be proud. In a family dispute never forget to choose love over insisting that you're always right.

Jesus asks you to strive for holiness. Be repentant. Always pray for three things: forgiveness of your sins, a continued increase of grace and the gift of eternal happiness with God in heaven.